

## APPETISERS

BREAD & TAPENADES 3.5  
WHITE ANCHOVIES 4  
BREAD & OLIVES 4

LINDISFARNE OYSTERS  
OUR OYSTERS ARE SERVED WITH CHOPPED SHALLOTS IN  
SHERRY VINEGAR WITH LEMON AND TOBASCO ON THE SIDE

THREE 7  
SIX 12

## SUSHI

### MAKIZUSHI

TEKKA HOSOMAKI (6 PIECE) 6  
THIN ROLLS FILLED WITH YELLOWFIN TUNA AND AVOCADO

SAKE URAMAKI (6 PIECE) 6  
INSIDE-OUT ROLL OF RICE FILLED WITH SALMON AND  
CUCUMBER

KANI TEMAKI (3 PIECE) 6  
CONE SHAPED ROLL FILLED WITH CRAB  
AND PICKLED RADISH

### NIGIRI

FINGERS OF RICE TOPPED WITH SLICED FISH

EBI (KING PRAWN) (3 PIECE) 6  
TEKKA (YELLOWFIN TUNA) (6 PIECE) 6  
SAKE (SALMON) (6 PIECE) 6

### CHEF'S SUSHI PLATTER 15

A LARGE SELECTION OF TODAY'S SUSHI

## STARTERS

CRAYFISH SALAD 9  
SMOKED SALMON - AVOCADO

YORKSHIRE HAM HOCK TERRINE 7  
PICCALILLI - RYE BREAD

SEARED SCALLOPS 9  
RAISIN PUREE - CAULIFLOWER - CRISPY ONIONS

BREADED WHITEBAIT 6  
TARTAR SAUCE

TANDOORI COD CHEEKS 8  
CARROT SALAD - PODINA CHUTNEY - RAITA

HALLOUMI 6  
CAPERS - TOMATO SALSA

WILD MUSHROOMS 5  
CHILLI & GARLIC - TOASTED BRIOCHE

CRAB LINGUINE 7  
CHILLI - GARLIC

DUCK SPRING ROLL 7  
SWEETCORN SALSA - NAM JIM

### MUSSELS

SHETLAND MUSSELS COOKED IN THE SAUCE OF  
YOUR CHOOSING. SERVED WITH CRUSTY BREAD

CHOICE OF WHITE WINE & CREAM OR  
TOMATO AND CHILLI

500 GRAM 7  
1000 GRAM 14



FISH & GRILL RESTAURANT

## FISH & SEAFOOD

YELLOWFIN TUNA 17  
PAK CHOI - UDON NOODLES - ASIAN BROTH

HALIBUT 22  
LOBSTER SAUCE - ASPARAGUS - NEW POTATOES

BEER BATTERED HADDOCK 13  
MINTY PEAS - CHIPS - TARTAR SAUCE

SEAFOOD LINGUINE 13  
CRAB BUTTER - CREAM - WHITE WINE

BAIT'S FISH PIE 12  
SEASONAL VEGETABLES

GRILLED LEMON SOLE 18  
BABY LEEKS - CLAMS - NEW POTATOES  
CRAB BUTTER

SEABASS 17  
WHITBY CRAB - PARMENTIER POTATOES  
SPINACH - SAMPHIRE - SAFFRON VINAIGRETTE

HAKE 16  
CRUSHED NEW POTATOES - PEA & PANCETTA VELOUTE

SEAFOOD RISOTTO 13  
CRAB BUTTER - CREAM - WHITE WINE

KING PRAWN LASKA 15  
STICKY RICE - TOASTED CASHEWS

GRILLED SALMON 16  
BROCCOLI - PEA CREAM - CRAYFISH CROQUETTES

GRILLED MACKEREL 15  
GREEN BEANS - NEW POTATOES - BEETROOT  
HORSERADISH SAUCE

## BAIT SPECIALS

WE HAVE A GREAT SELECTION OF WEEKLY  
SPECIALS ON OUR BOARDS. PLEASE ASK A  
MEMBER OF OUR STAFF FOR FURTHER DETAILS.

### LOBSTER

LOCALLY LANDED WITHERNSEA LOBSTER AT OUR  
MARKET PRICE SERVED WITH CHIPS AND SALAD  
M.P (SEE OUR SPECIALS)

EITHER  
BAIT'S LOBSTER THERMIDOR OR  
LOBSTER & GARLIC BUTTER

BAIT'S COLD SEAFOOD PLATTER 45  
(REQUIRES 24HRS NOTICE)

A SELECTION OF LOCALLY SOURCED SHELLFISH.  
COOKED, CHILLED AND SERVED ON A BED OF  
ICE WITH AN ACCOMPANIMENT OF SAUCES

## MEAT & GRILL

CHICKEN SUPREME 14  
FONDANT POTATO - SEASONAL VEGETABLES

BELLY PORK & TIGER PRAWNS 17  
APPLE PUREE - BRAISED RED CABBAGE  
POTATO FONDANT RED WINE JUS

STICKY BEEF 15  
FILLET STRIPS - UDON NOODLES - ASIAN VEGETABLES

RUMP OF LAMB 18  
SLOW ROASTED TOMATOES - MEDITERRANEAN  
VEGETABLES - FETA - BALSAMIC JUS

### YORKSHIRE BEEF CUTS

ALL SERVED WITH CHUNKY CHIPS - CHERRY  
VINE TOMATOES AND WILD MUSHROOMS

RIB-EYE 21  
FILLET 27

ADD SURF  
THREE KING PRAWNS 6  
HALF LOBSTER M.P

ADD SAUCE  
PEPPERCORN 3  
HARROGATE BLUE 3  
BORDELAISE 4  
SALSA VERDE 3

## VEGETARIAN

MEDITERRANEAN FARFALLE 11  
GRILLED VEGETABLES - FETA - BASIL

CHICKPEA CURRY 12  
COCONUT RICE - POPPADOMS - RAITA

WILD MUSHROOM RISOTTO 12  
SPINACH - MASCARPONE - TRUFFLE OIL

## SIDES & SAUCES

PEPPERCORN SAUCE 3  
HARROGATE BLUE 3  
BORDELAISE 4  
SALSA VERDE 3

CHUNKY CHIPS 3  
SEASONAL VEGETABLES 3  
SPINACH 3  
GRILLED VEGETABLES 3  
NEW POTATOES 3  
CHAMP MASH 3  
SIDE SALAD 3  
GARLIC BREAD 3  
COCONUT RICE 3

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PLEASE NOTIFY A STAFF MEMBER OF ANY FOOD ALLERGIES, INTOLERANCES  
OR SPECIAL REQUIREMENTS YOU MAY HAVE. HOWEVER WE CANNOT  
GUARANTEE THE COMPLETE ABSENCE OF ALLERGENS IN OUR MENU ITEMS



FISH & GRILL RESTAURANT